

REGISTRATION FORM

Teaching Safe & Accessible Chair Yoga

Saturday, January 24 & February 7, 2026 9:00 am-2:00 pm

In-person Workshop

Sunroom, Langley Senior Resources Society (LSRS), Recreation Centre
20605 51B Avenue, Langley City (onsite parking)

EARLY BIRD RATE: \$200 (UNTIL 12/31/25)

REGULAR RATE: \$225

Includes training materials, in-class practice, peer-to-peer-teaching, personalized feedback & more.

12 BCRPA and/or Yoga Alliance Continuing Education Credits

Combination of 10 in-class participation hours & successfully completed self-study assignments.

Name

Email

Tel/Cell

Address, City, Postal Code

Emergency Contact & No.

BCRPA ID#

Current BCRPA Modules and/or yoga teaching experience:

Current First Aid/CPR

YOGA ALLIANCE

YTT In Progress

YTT Completed

RYT 200 YA Membership

RYT 500 YA Membership

Please forward the completed form to: yogaonly@telus.net and e-transfer the registration fee to: sbuss@telus.net.

Enrollment/payment deadline for workshop confirmation: Wed, Jan 15th, 2026; minimum required 6.

Acknowledgement: I confirm I am fully able to participate and hold the instructor (S Buss) and facility (LSRS) fully harmless in the event of injury during, or as a result of subsequent practice or participation. I understand the BCRPA and/or Yoga Alliance continuing education credits are only granted upon successful completion of final self-study assignment. I recognize that any withdrawal after Jan 16, 2026 may impact the entire program and I understand no refund after that date will be available. In the event of cancellation by the instructor due to low enrollment or other reasons I will receive a full refund.

Signature

Date

Instructor:

Stacey Buss, E-RYT 500, YACEP

BCRPA TFL - Yoga Fitness, YFL Older Adults Leader Chair Yoga Specialist

For more information call/text: 604-836-0424

email: yogaonly@telus.net

www.yogaonly.ca